

and Divisions, there is only one DOH.

"We've got groups in Highways that just do amazing things each "The culture here... I wouldn't say we're kinder or gentler. I'd and every day," said Wriston. "We've been an agency where we say we're aggressive. I'd say we're passionate," said Wriston. relied on the goodwill of a handful of people. Now that handful "I'd say we have a mission and we're focused on it. People are of people has turned into armloads of people."

"I refer to it as a clean sheet of paper," said White. "Let's forget how it's always been done, and figure out how it should be "Jimmy Wriston and I are looking at the organization of Highdone. Sometimes, they're the same thing. Sometimes, they're ways, from the top to the bottom. From the partnership we not. "

"We've had what we call 'silos' in Highways, and a lot of good things were happening in silos. There's a bunch of them, and the only time they ever interacted with each other was when there was conflict between the silos," said Wriston. "Now, I think we're more in a - 'let's help each other' - I think the walls of those silos are coming down. They're melting away."

West Virginia Division of Highways leadership team, Byrd White "Sometimes looking at things from a new perspective, from a and Jimmy Wriston, P.E., have a message for Highways folk blank sheet of paper, will change things for the better," said across the state. The silos are coming down. Across all Districts White. "We intend to be the absolute best we can be, the whole department, all of us."

asking for help to get what they need done, and they're getting

have at the top, down to who reports to who," said White. They're structuring the DOH into a quality place to work, where lines of communication are truly open.

"We're absolutely going to put systems in place that will help us, move us forward, and make life easier," said Wriston, "We're going to move forward with the rest of the state, and that's how we're going to be successful. Together."

Also in this Issue:

Underwater Bridge Inspection New Direction in Human Resources Financing at an Expedited Pace









Kyle Baranowski, P.E. — From a Fear of Water to the Awesome World of Underwater Bridge Inspection



Highways had. "

Bridge

occasional perfect day. They see all sorts of things, from above underwater world." ground, to high above ground, and sometimes—underwater.

of that is the underwater inspection," said Baranowski, developing problems before it's too late.

"I was afraid of water at first but when I tried scuba-diving as a "There's a handful of people in the Division of Highways that go recreation for the first time, I was hooked," said Kyle Baranows- out and inspect the bridges underwater. They're always shortki, P.E., an engineer handed, it seems like. There's no extra money or merit or anyin District 5's Bridge thing, it's a voluntary program you do in addition to your regular Department. "I real- duties. Because of that fact, asking for extra work, we don't get ly wanted to get into a lot of people who join the dive team. It ultimately saves money that and knew I from consultant companies from having to do it, and spending could fill that small more resources. There's a comradery in the group because void that Division of you're all scuba-diving and inspecting bridges together, so I really enjoyed it once I got into it."

Inspectors "There's been a few instances where the visibility in a large river with the West Vir- has been very good, like the Ohio River, and to see an entire Division of world that nobody gets to see... You get to see the fish habitat, Highways brave a and the actual bridge structure. A lot of times the visibility of of fears; the water in West Virginia is so low there's not much you get to heights, bears, bees! In all types of weather, from so hot you see, but every once-in-awhile, with the sun being just right, and sweat standing still, to freezing cold, from wind, to storms, to an the water being clear enough, you do get to see an awesome

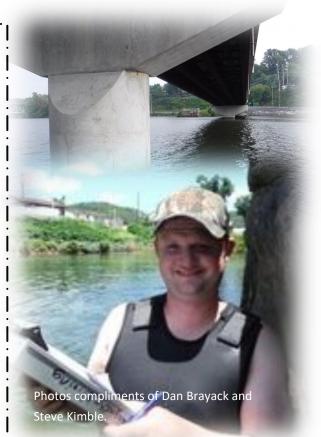
Bridge inspectors across the state keep the public safe. Their "There's a statewide bridge inspection program. A component hands, and eyes, on small details of each and every bridge catch

WVDOH Today! is a monthly newsletter published by the West Virginia Division of Highways Human Resources Division, and distributed statewide via email to our 5,390* employees. All content is developed by the editor, unless otherwise credited. The purpose of this publication is to facilitate connection across the diverse worksites and professions represented among WVDOH employees to empower us to function as one West Virginia Division of Highways, and with our sister agencies, one West Virginia Department of Transportation.

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> > We are recognizing our people.

*Number of employees subject to increase.





Putting West, Virginia on the Map!

For information on the progress of roadwork scheduled between now and December, visit the website to view the interactive map.

Share it with the public, we made it for them!

transportation.wv.gov

SWAT—Safety With Action Today

Don't forget -

We can't all be Eric Steele or Beverly Elder. Only a brave few of us specifically have answering the SWAT phone lines as a part of our "normal job duties" (whatever that means!) but a call from a citizen concerned about a specific road could come to any of our phones at any time. Our numbers are out there in a lot of places, and folks often call the first of those numbers they can find. If a call comes to you, the SWAT team can be reached at the contact information below. It's important that no citizen feel as if they haven't been heard. Our trained SWAT operators will make sure each citizen receives an accurate response to their question in a timely manner.

> 1-833-WVROADS WVROADS@WV.GOV Dotforms.wv.gov/cra

Carla Rotsch: Financing at an Expedited Pace

"What I like about the financial side of our operation is being "We really do care," she able to see the connection between all pieces and parts of a continued. "There are a project or our operation in total," said Carla Rotsch, Business tremendous amount of Manager. "What we do in the financial world is kind of behind people doing a trementhe scenes, if you will. We are not the people out there flagging dous amount of work in traffic, we are not the people out there driving the trucks, or this agency because we plowing the snow, but what we do impacts the ability for those care. We're serving the people to do those jobs."

Rotsch describes her employees as hardworking people, who are willing to work as hard after the clock passes quitting time as before. With a focus on both the Secondary Roads Initiative and Roads to Prosperity projects, the pace their work has picked up, just as it has with the rest of DOH. They work in Central Office where they are often unseen but their work is vital to the success of rest of the DOH team across the state.

"I think the DOH is moving forward full speed ahead, trying to maintain all of the roadways that we can," said Rotsch. "Making sure we have the ability to get people to school on busses safely, making sure we have the ability to get firetrucks and ambulances where they go safely, making sure that our public roadways are safe for the travelling public. "

public. What we do affects our daily commute, and our children too. We're not just here doing a job, it effects us as well." Managing the financial side of an agen-



cy of this size in no easy task. There are standards of accounting that need to be followed, and a rigorous system of checks and balances. The projects themselves are expensive, and the number of projects is increasing. Rotsch states that if you ask anyone at this agency, they will tell you we're working as hard and efficiently as we can. Ask Rotsch herself and she will tell you "the pace of the work has been expedited exponentially." That's Business Manager speak for — 'it's been hectic!'



Jon Burns, P.E. and Ryan Arnold, P.E.: On Managing Construction for a District

Area construction engineers Jon Burns, P.E. and Ryan Arnold, traffic signal project, rehabilitating an old stone arch bridge, P.E., work in Grant, Mineral, Hardy, Hampshire, Morgan, Berke- several ADA ramp projects, and Design-Build bridge projects ley, and Jefferson Counties. They used to be divided; with one among them.

covering four of District 5's counties and the other covering three, but the workload has necessitated them being flexible. They have a lot of ground to cover. It's beautiful ground, from steep mountain to rolling meadows, but it's a lot of ground nonetheless.

"The people I work with sometimes work

they pave. Some of them travel an hour and a half, two hours, how long it takes." to get to the jobs. They do good work for us."

81, emergency piling wall projects, finishing up a turn lane and out. They pointed me in the right direction."



"From our standpoint in construction a lot of people don't understand the process of how long it can take," said Ar-"Particularly nold. on these Design-Build projects. You may see a project go out to bid, and the contractor wins it, and it may be several months, even up to a year, before they can

very long hours," said Burns. "Especially when we assist our actually even start work on that project because they have to resurfacing section with paving jobs. They might put in a 12 or prepare the designs and go through that whole process. There's 14 hour day because the pavers, when they get good weather, some timeline things there that I think people aren't aware of,

"I've always been a kind of hands-on, build things sort of per-Arnold and Burns oversee and manage contract work for Design son," said Arnold. "I worked Co-Op with DOH for three sum--Bid-Build, Design-Build, and Public Private Partnerships. Be- mers and just kind of came on board from there. As a Co-Op, I tween them, they list a variety of types of projects; widening I- worked with a few good supervisors who helped me get started

Two Good Reasons: Reporting Fraud, Waste and Abuse

We all encounter situations in our life and work where we won- Another reason to report is that problems don't have a habit of sons to report problems early rather than letting them grow.

Keeping our people safe is the most important thing we do. We build roads, and that's important, but the safety is the reason we build roads. When what you've seen is unsafe for our people, The Office of Investigations hotline is 1(866) 206-2728. By email, don't trust luck to make it better. There are no safety procedures use: DOT.Fraud@wv.gov. By mail; WVDOT Office of Investigathat we have just for fun, they're all best practices in how to tions, 1900 Kanawha Blvd. East, Building 5, Room 503, Charleswork while staying alive and well.

der what we need to do about what we've seen. It's rare to find fixing themselves. Whatever size problem you see, it can be a person who wants to get co-workers in trouble. That feeling expected to keep growing. If what you see is wasteful, it can be makes it difficult to report when we should. In the case of re- expected to become more wasteful. If it's fraudulent, it will beporting fraud, waste and abuse at work, here are two good rea- come more so. When you lay eyes on it, you're already involved. You will need to make decisions about what to do. If it makes you angry, you may want to report. If it makes you uneasy, you may have to—even if that's not what you want.

ton, WV 25303.









DOT-12 Training Update

We've gone public with the good work of our people!







Hear your co-workers voices and stories on WVDOT's Facebook and YouTube.







WVDOH Crew Chief Harlin Wolfe and his crow are working on



State Bridge Engineer, Tracy Brown, P.F., is also the District 1...

Juanita R. Webb; On Wearing Red Each Friday

jects, employees and their successes."

far from home. For Webb, her soldier is her son, Adam.

"My son, Adam Townsend, was deployed to Afghanistan on May Many know firsthand what's it's like when a close family mem- any other subject. Write to: DOHNewsletter@wv.gov ber is serving oversees.

"As a returning employee to the West Virginia Division of High- Webb went on to say, "On August 15, 2019, five hundred addiways, I want you to know how much I enjoy the WVDOH Today tional soldiers from our great state deployed to Afghanistan. I publication," writes Juanita Webb, of our Traffic Division. "It is a was hoping we could as any West Virginia Division of Highways great way to learn more about the future and completed pro- employees that would like to wear red shirts on Fridays to join me in support of our soldiers and their families."

Every Friday, Webb wears a red shirt to work. It's a way of bring- "I wonder how many of the five hundred recently deployed West ing someone close to her, with her, everywhere she goes. She Virginians have family members within the West Virginia Divisent her letter, one of WVDOH Today's very first proper letters to sion of Highways," Webb wondered. Webb is encouraging Divithe editor, in hopes that her co-workers across the state would sions and Districts who have people who wear red on Friday to understand and join her in honoring our soldiers when they are send their photos in to share with the National Guard for those five hundred West Virginians. "I will certainly let my son know of the support," she said.

14, 2019," writes Webb. "I wear a red shirt with the Remember If you would like to share a photo with Webb, WVDOH Today Everyone Deployed (RED) logo to honor my soldier every Fri- welcomes you to send it to our email address. You are encourday." It's a matter that touches many West Virginia families. aged to share any thoughts or ideas you have with us, on this or



Wellness Corner: Packing Healthful Lunches at 4:00 a.m.

today and it's 4:00 a.m. Tracy is going to middle school, Stacy to healthful food categories. Tracy, choose three vegetables; Stacy, DVM. Middle school is east, grade school west, DMV south and good carbohydrates. Then ask, what else do we want? DOH job site an hour and a half north; and the work zone needs set-up before the asphalt trucks roll in.

There are four hard-boiled eggs in the kettle that have cooled each time. Plastic baskets go in the fridge, and they hold the enough to fit into four simple lunchboxes. The eggs are the perthem. What else?

Packing lunch is tough while standing still, it's even tougher when juggling careers and education. One idea for how to make work/ school lunches more interesting is to involve every member of the household in the grocery shopping at the list-writing stage.

Four members of a household are going four different directions. Take the number of household members and divvy up the elementary. D.J. is going to work at the DOH, and T.J. to the choose three fruits. D.J., choose two proteins; T.J., choose two

The categories rotate with each grocery shopping trip, so that different household members are choosing different categories choices — veggies, fruits, carbs, proteins, snacks, beverages, fect protein punch, and miraculously, the whole family likes whatever the group has dreamed up. They are grab-and-go, simple, whole foods. If there are complicated foods in the mix, those are prepared beforehand by whomever had the idea—with help if needed, so Tracy and T.J. made their best fall gingerbread. Each household member is responsible for their own grab-andgo, and it's toss, toss, toss, into the lunchbox and out the door.

Time to Move Forward: Sorting the Workplace Gossip Closet

aside as we tear down the silos and start with a fresh page.

Most of the things we are doing to make our workplace more efficient and functional require substantial effort, time, funding or brainpower. Cleaning out our gossip closet does not. It is Sorting works if you find yourself as the audience of gossip too. simple enough to be done today.

Gossip at work destroys work by making it difficult to get actual work done. It may cause the target illness; raising their blood pressure, causing them excess worry, or diminishing their selfesteem. It can bleed over into workplace discrimination; to decisions about who to hire, to promote, or how to treat the work products the target of gossip creates. When that happens, it can impact how much money the target earns, causing them to have Keeping gossip around causes harm in all directions.

Our of the best things about moving forward into a new era is Eliminating gossip is as simple as learning to sort. Clothing is getting rid of the things from a previous time that no longer fit. sorted into keep and donate, papers into file and recycle. With Gossip, which is a form of talk in which one person speculates personal information, the categories are mine and not mine. about subjects that belong to another person, is one thing to lay Our awesome map, our Districts who work together to help each other in floods, neatly patched and squared up potholes, ditches pulled with pride; are mine. Why she chose that sweater or how much he paid for his shoes; are not mine.

> "Would you like to partake in a story I made up about our coworker?" "That's not mine, I pass." The person who passes up junk information frees up their own time to work in a motivated fashion. Sorting also helps the target. In that case, the sorting is as simple as remembering what's yours. Your life belongs to you. Others can't control you by talking. You belong here too.

The work we create as individuals and organizations is ours to share. The details of our co-workers life, their family, is not. fewer groceries today and more difficult retirement years later. Gossip has no place in WVDOH today, and it's time to clean that closet. If we each get to sorting, we'll get it done quick.





Secretary Byrd White recommends starting as if with a Clean Sheet of Paper

If you've got that, and you've got plenty of ink pens, you can start anew.

This blank sheet of paper is yours.

If you want to share it, DOHNewsletter@wv.gov would like to see what you do.



A New Direction in Human Resources

With the pace of work picking up in all ten Districts and all Cen- tall order for Woods, who has crisscrossed the state many times tral Office Divisions, with the tearing down of silos and a blank since joining the WVDOH in January. sheet of paper start to the question of how are we going to get this done, a strong Human Resources Division is key to building a West Virginia Division of Highways tough enough to rise to the occasion.

"We have a strong passionate team, full of compassion," said H. Julian Woods, J.D., Director of the Human Division. Resources "Where a number of our employees may have felt in the past that their voice was not being

their visions, their issues, their focuses, I would like all of DOH to one WVDOH — while continuing to hire and train more. know that we are here to help each one of you."

adaptable, diligent, dedicated, and fully engaged. That's not a are Now Training, and Now Empowering.



"I really enjoy working at Human Resources, I have since I was employed, but things are moving more quickly now. " said Natasha White, who has worked for the West Virginia Division of Highways for 19 years. "We've had a lot of ideas that we've wanted to implement in the last few years, and we've been able to do

heard, that they could those very rapidly in the last few months, and that's been very not come to Human refreshing." Although the work of the Human Resources Divi-Resources and have a sion can be complicated, the goal is simple; to get five thoufair opportunity to share sand, three hundred and ninety employees working together as

The West Virginia Division of Highways has more bridges than it From hiring, to training, to solving isolated issues, to setting the has people to work on bridges. There are good jobs available tone for positive change, Human Resources itself must be open, here for people ready to work. We are not only Now Hiring, we



