



WARRIOR HIKE

“WALK OFF THE WAR”





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In 1948, Earl Shaffer told a friend he was going to “walk off the war” to work out the sights, sounds, and losses of World War II. Four months later, Earl Shaffer became the first person to hike the entire length of the Appalachian Trail from Georgia to Maine.

Following in the footsteps of Earl Shaffer and in recognizing the therapeutic effects of long distance hiking, Warrior Hike has created the “Walk Off The War” Program which is designed to support combat veterans transitioning from their military service by thru-hiking America’s National Scenic Trails.

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- CDTC Passages Magazine posts an article about Warrior Hike. Check out the story below...
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Legend:

- 1. Pacific Crest Trail
- 2. Continental Divide Trail
- 3. North Country Trail
- 4. Ice Age Trail
- 5. Natchez Trace Trail
- 6. Florida Trail
- 7. Appalachian Trail
- 8. Potomac Heritage Trail
- 9. Pacific Northwest Trail
- 10. Arizona Trail
- 11. New England Trail

National Scenic Trails



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QUESTIONS?